

**VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM****B.SC (P.Ed) DEGREE EXAMINATION – November 2018****Sixth Semester****THEORY OF TRACK AND FIELD**

Time: Three hours

Maximum: 75 marks

**PART – A (10 x 2 = 20 marks)**Answer any **TEN** questions. All questions carry equal marks.

1. Write any two names of long distance event.
2. How many events in decathlon?
3. Write any two athletic age groups.
4. What is Psychology?
5. What is nonstandard track?
6. Write the types of track.
7. What is planning?
8. Write any two names of sprint events.
9. Write any two names of field events.
10. Write the weight of men and women shot.
11. Write the weight of men and women javelin.
12. What is the distance of exchange zone in relay?

**PART – B (5 x 5 = 25 marks)**Answer any **FIVE** questions. All questions carry equal marks.

13. Explain the combined events.
14. Explain-how will you do the selection according to the age group.
15. Explain the guiding principles of a standard track.
16. Explain the duties of the track officials.
17. Explain the duties of the field officials.
18. Draw a neat diagram of triple jump pit.
19. Draw a high jump area with measurement.
20. Explain-the maintenance of 400 mts track.

**PART – C (3 x 10 = 30 marks)**Answer any **THREE** questions. All questions carry equal marks.

21. Explain the functions of national and international governing body.
22. Explain-the amateur and professionalism in sports.
23. Draw a neat diagram of 400 mts track.
24. Explain the specification of equipment, rules and interpretations in track events.
25. Draw a neat diagram of discus sector with measurement.

\*\*\*\*\*